Tried and True: The Role of Informal Mechanisms in Transitional Justice\textsuperscript{1}

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Introduction

Practitioners and theorists of transitional justice and post-conflict resolution are effectively engaged in helping societies move either from war to peace, or from a repressive or authoritarian regime to democracy. In so doing, they face a number of challenges. Yet repairing the social interactions and institutions of a particular society is paramount.

The theory of acknowledgement posits that individuals and societies must consciously engage in a process through which they may come to terms with, emotionally respond to, and actively remember and discuss the events of the past. This acknowledgement is a necessary component of forgiveness, social trust, civic engagement, social cohesion, and eventual outcomes including reconciliation, democratization, or other functioning institutions of society. The process of acknowledgement, then, is critical to the rebuilding of any society.

Yet the institutions that have been created and implemented by national governments and the international community, like the truth commission, have shown themselves unable to promote this kind of acknowledgement, at least in some circumstances. In the context of ongoing ethnic conflict in Uganda, this paper explores the existence and use of traditional and informal mechanisms in this regard. And it provides some ideas for their implementation.

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Acknowledgement and Reconciliation

The process which must be undertaken by individuals living within these societies may encompasses any number of steps. But it is likely to include some form of coming to terms with the past, emotional response, and memory and remembering, in both its emotional and physical manifestations. These steps form the basis of what I call “acknowledgement,” a contingent part of the individual and societal healing process. I posit that this acknowledgement is necessary for allowing forgiveness to take place, whereupon social trust and civic engagement can begin to form.

Coming to terms with the past deals with elements of both consciousness and acceptance. In dealing with the past, one must accept “the admission something as true or as stated and the recognition of the authority of the claims of others,” as it is defined by the Oxford Canadian Dictionary. Adorno advocates a forgetting of the past and “turning the page.”3 Others, including Hayner, reflect a belief in the processes of uncovering evidence and enabling past deeds to be recognized.4 There are also a number of scholars exploring the need for truth commissions and trials.5 It is my belief that in a society’s quest to overcome a legacy of mass violations of human rights, it must not only confront its past, but begin to do something to overcome it.

In reckoning with past injustices, individuals within a society must deal with their emotional responses to the violence they have endured or witnessed, in order to move forward in

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the process of acknowledging those past events. Kübler-Ross puts forward a rudimentary conception of the stages of grief that is helpful in providing a picture of the process of grieving: denial, anger, bargaining, depression and acceptance. It is important to note that Kübler-Ross’s theory was developed around the grieving process of “ordinary” individuals, who deal with many of the same feelings as those people in societies recovering from an extended period of atrocity: feelings of loss, lack of self-worth/self-respect, and helplessness. In many cases, if it is not expressed, the trauma experienced by individuals within society becomes normalized. In other cases, those same individuals may choose to reject the truth about past events, which becomes internalized as a different means of coping. Emotional responses as a whole, then, represent important in the process of achieving a civil society.

Another key component of coming to terms with the past is memory and remembering. A significant portion of the literature contends that forgetting is harmless. Others, however, see much potential in remembering, arguing that initially unpleasant memories will be transformed into building-blocks for an even stronger society. It is also important to recognize

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7 There is no question that trauma and grief are, indeed, related, and that trauma can complicate the grieving process. See Cynthia Blomquist, “Comfort for the Grieving Child,” in *Healing the Children of War*, ed. Phyllis Kilbourn (Monrovia, CA: MARC Publications, 1997), 58-61.
the distinction between personal memory and collective memory, that which is shared as a group by the people in a given society. Collective memory is a concept which stands on its own as a consequential phase through which a society bent on moving forward will pass. Like emotional response and coming to terms with the past, memory and remembering are important concepts.

Commemoration in a transitional society serves as one indication of the society’s acknowledgement of past events. Monuments and memorials can provide an important gauge of the state administration’s position on the moving forward of a society in the wake of past atrocity. They exist as a tool of participatory remembrance, important in the collective psyche and common loci of a culture. Official memorials provide a means by which the state can ensure that those who have died will be remembered. The literature recognizes the charges of historical revisionism which are leveled at those who attempt to physically commemorate. Commemorations, therefore, provide an important outlet for memory.
Each of these steps comprises what I have called acknowledgement. And this process, while difficult, must be undertaken in order to realize any kind of success in moving forward after a period of mass violation of human rights. It is a key ingredient, a necessary but not sufficient condition, in reckoning with the past, both on an individual level and in the context of societal recovery. And without acknowledgement, the following stages, I argue, are nearly impossible to attain.

Forgiveness, defined by the Oxford Canadian Dictionary as to “cease to feel angry or resentful towards [someone or something]” is a critical step in the process of reckoning with the past. It is an interpersonal\(^{19}\) and cognitive process\(^{20}\) that encompasses the progression of acknowledgement. The literature suggests that “the teleology of forgiveness is reconciliation,”\(^{21}\) arguing that “forgiveness sets the stage for renewed relationships built on trust.”\(^{22}\) The outcomes toward which the process of acknowledgement, if allowed to function properly, will lead, are simply varying degrees of the forgiveness process; for it lies at the heart of reconciliation, and reconciliation leads to trust, by which I infer social trust and potentially democracy.

Trust is a construct which exists specifically within the context of social relationships. It is an important determinant in the outcome of a society.\(^{23}\) Without trust, people inevitably stop

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\(^{20}\) Jeffrie G. Murphy and Jean Hampton, Forgiveness and Mercy (Cambridge: Cambridge University Press, 1988), 4-8, 116-120.


\(^{22}\) Müller-Fahrenholz, The Art of Forgiveness, 36.

accepting the word of their superiors, stop participating in the stuff of civil society.\textsuperscript{24} The development of trust in a given society, then, is of great importance in the kinds of institutions which grow and thrive in a society.

Where properly nurtured, trust can develop into far-reaching networks of civic engagement and democracy is able to take a firm hold.\textsuperscript{25} This contributes to what Putnam, Fukuyama and others have referred to as social capital, “a subset of the notion of social cohesion. Social cohesion refers to two broader intertwined features of society: (1) the absence of latent conflict... and (2) the presence of strong social bonds – measured by levels of trust and norms of reciprocity, the abundance of associations that bridge social divisions (civic society), and the presence of institutions of conflict management...”\textsuperscript{26} And this social cohesion is the stuff of reconciliation.

\textbf{Background and Current Ugandan Conflict}

In October, 1962, Uganda declared Independence from Britain. Its first President, Milton Obote, held office from 1962-1971. Life under Obote and his successors turned out to be very different than it had been under the British. From 1962 until 1986, Uganda underwent a series of coups, culminating in a great concentration of power in the hands of the head of state. Obote’s first term in power was characterized by significant numbers of riots and armed attacks.\textsuperscript{27} As it turned out, Obote’s term in office merely foreshadowed the violence which would ensue in only a few short years. In 1969, the political system underwent tremendous change when Obote

\textsuperscript{26} Lisa F. Berkman and Ichiro Kawachi, eds., \textit{Social Epidemiology} (New York: Oxford University Press, 2000), 175.
banned all political parties other than his own in order to prolong the state of emergency that had been declared in 1966.\(^{28}\) Obote’s term in office, however, soon drew to an abrupt halt.

In 1971 General Idi Amin Dada overthrew Obote, suspended the constitution and ruled under a provisional government structure until 1979. To sustain his authority, Amin, who came to be known as “the butcher,” carried out a reign of terror, systematically and brutally murdering and torturing those he considered to stand in his way.\(^{29}\) In 1972, Amin expelled the more than 70,000 ethnic Asians living in Uganda and confiscated their property. Violence was rampant during this period, and the military and paramilitary mechanisms of the state conducted brutal campaigns of torture.\(^{30}\) “The butcher’s” lasting legacy is one of heinous torture and brutal killings.\(^{31}\) It is estimated that approximately 500,000 Ugandans were killed by Amin and his supporters.\(^{32}\) Amin was defeated in 1979 with the assistance of Tanzanian intervention. Interim governments were appointed in 1979 and 1980.

From 1980-1985, Obote returned to power. The country was once again beleaguered by “rampant human rights abuses,”\(^{33}\) this time far worse than anything they had experienced during his first term in office. The paramilitary apparatus of the state again began its practice of routinely violating human rights by means of rape, torture, murder, looting and destruction of property.\(^{34}\) The scale of repression and abuse was roughly the same as it had been under Amin. The only difference for many Ugandans was that their former leader (Amin) had been substituted for another (Obote) with a heightened and reinvigorated fury. It is now estimated that between

\(^{28}\) Berg-Schlosser and Siegler, 100.
\(^{34}\) Berg-Schlosser and Siegler, 199, Khiddu-Makubuya, “Paramilitarism”, 153.
320,000\textsuperscript{35} and 500,000\textsuperscript{36} people were killed during Obote’s second term in office. Obote was overthrown in July, 1985.

Yoweri Museveni, leader of the coup that overthrew Obote, came to power in January, 1986, abolishing all political parties except the National Resistance Movement (NRM) that had made his victory possible.\textsuperscript{37} Conditions began to improve in Uganda after Museveni took power. The human rights abuses have abated somewhat and the Ugandans now enjoy a relative degree of freedom unknown to them under the three post-independence regimes of Obote and Amin.

But not everyone supports Museveni. There have been more than twenty insurgencies since the NRM came to power in 1986.\textsuperscript{38} One of the most deadly and longest-lasting has been the nineteen-year rebellion of The Lord’s Resistance Army (LRA)\textsuperscript{39} in the Acholi sub-region of Northern Uganda. The LRA, which takes its name from an expressed desire to live by the Ten Commandments,\textsuperscript{40} is fighting against Museveni’s control of the north.\textsuperscript{41} It is widely estimated

\textsuperscript{36} Abdul Nadduli, LCV District Chairman, Luweero Triangle, interview by author, 17 Nov. 2004, Luweero, Uganda.  
\textsuperscript{37} For a much more complete account of Uganda’s history from 1962, see Berg-Schlosser and Siegler, 97-132.  
\textsuperscript{39} The LRA is led by Joseph Kony, whose campaign follows that of the Holy Spirit Movement, led by a woman called Alice Lakwena who claimed to receive visions from God that told her to carry out vicious attacks. In 1986, Lakwena claimed to have up to 18,000 soldiers, although others estimate the number at 7,000-10,000. Lakwena is now in exile in Kenya. See Tim Allen, *War and Justice in Northern Uganda: An Assessment of the International Criminal Court’s Intervention* (London: Crisis States Research Centre, Development Studies Institute, London School of Economics, Feb. 2005), 14; and Heike Behrend, *Alice Lakwena and the Holy Spirits* (Oxford: James Currey, 1999), 67.  
that 30,000 children\textsuperscript{42} from that region have been abducted by the rebels, the boys to act as soldiers, and kidnapped girls to be used by rebels as sex slaves and as carriers of supplies. More than 1.6 million people from the region have been forced to flee their homes and currently live in several internally displaced persons (IDP) camps throughout the region.\textsuperscript{43} Fighting and abduction continue, although throughout late 2004 and early 2005, various cease-fires have been declared and negotiations are on-going, although similar initiatives including the Peace Stadium Accord (1988) the Addis Ababa Accord (1990) and earlier peace talks (1994) failed.\textsuperscript{44} In 2000 the government enacted the Amnesty Act. By January 2005 the Amnesty Commission had received 14,695 applications for amnesty.\textsuperscript{45} The International Criminal Court began investigating possible war crimes committed in the war between the LRA and government forces in July 2004. It is uncertain how far such investigations will go, as Acholi leaders are calling for a halt to proceedings, while the government is pressing for indictments.\textsuperscript{46} Still, the government allocated only $164,239 CAD, which represents a scant 0.01\% of the national budget, to reconstruction efforts in Northern Uganda in the 2004-2005 budget.\textsuperscript{47}

Another area of instability within Uganda is Karamoja, a large geographic area located in the Northeast of the country. The Karamojong live separately from the rest of Uganda in a traditional\textsuperscript{48} and highly stratified society centred around cattle, which figure prominently in all

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\item Tim Allen points out that “the scale of abduction is a matter of speculation” due to insufficient monitoring. See \textit{War and Justice in Northern Uganda}, iii.
\item Gersome Latim, Secretary to the Paramount Chief of Acholi, interview by author, 22 Nov. 2004, Gulu, Uganda.
\item \textit{Listen to the People: Peace and Reconciliation in Northern Uganda} (Kampala: HURIPEC, 03 May 2004), 92-93.
\item Confidential interview by author with Office of the Prime Minister official, 30 Oct. 2004, Kampala, Uganda.
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aspects of life, including bride price, status, and religious and ceremonial practice.\textsuperscript{49} Traditionally, cattle raiding was originally carried out with spears, but in modern times the Karamojong have adopted the use of automatic weapons, variously stolen from or supplied by the government in Kampala and other allies, including the Sudan People’s Liberation Army, and others in Somalia and Kenya. “The current government of President Yoweri Museveni allowed the Karamojong to retain their arms in order to protect themselves from external raids by the Turkana and Pokot in neighbouring Kenya.”\textsuperscript{50} But the Karamojong have begun to raid farther afield. The Department for Karamoja Affairs “was set up to address the special social, economic and security needs of the area and its neighbourhood.”\textsuperscript{51} In 2000, it was estimated that the Karamojong people possessed between 100,000 and 150,000 weapons.\textsuperscript{52} In December 2000, the government passed the Disarmament Act, offering iron sheets and ox-ploughs in exchange for weapons. The programme was initially resisted by the Karamojong, and in the end less than 10,000 guns were ever recovered.\textsuperscript{53} In 2004, the government continued to pursue policies of development, including agriculture, employment and education in Karamoja, along with reconciliation.\textsuperscript{54} Yet, Museveni maintained a hard line on the issue: “This is the last warning to those fools. We are preparing a last dose for Kony and those holding illegal guns in Karamoja.

\textsuperscript{49} Bruno Novelli, \textit{Aspects of Karimojong Ethnosociology} (Verona: Museum Combonianum no.44, 1988), 83.
\textsuperscript{52} Ibid.
\textsuperscript{54} Alex Okello, Under Secretary of Pacification and Development, interview by author, 04 Nov. 2004, Kampala, Uganda.
We want peace everywhere.”55 Still, budget allocations for Karamoja amounted to $87,075, which represents just 0.00015% of the total national budget.56

These are just two of the conflicts which have played out and continue in the country. Ugandans are still living with the legacy of the one million people who were killed between 1962 and 1986, and real rebuilding has never really begun. The Ministry of State for Luweero Triangle, for example, is only just now attending to rebuilding the houses and schools destroyed between 1980 and 1985.57 Uganda itself is a country much in need of healing, both physically and socially. It is one of the states in the world most badly affected by the HIV and AIDS.58 NGOs have been forced to assume much of the encumbrance of the provision and contribution of support,59 as the state itself has failed to provide much of what is needed, due in part to its inability to afford financial assistance.60 And although its government boasts of the country as a “forged union of many peoples... [who] live and work together as one people, all proud to be Ugandans, while each cherishes their history and traditions,”61 the reality is far different.62

**Formal vs. Informal Mechanisms**

In order to bring about process of acknowledgement and reconciliation outlined above, transitional societies have opted to use a variety of formal mechanisms. This process dates to the ancient Greeks, where it formed the basis of *The Oresteia*, a play in which Orestes is forced to

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56 Confidential interview by author with Office of the Prime Minister official, 30 Oct. 2004, Kampala, Uganda.
57 Semakula Kiwanuka, Minister of State for Luweero Triangle, interview by author, 01 Nov. 2004, Kampala, Uganda.
59 Hansen and Twaddle, 15.
62 *Listen to the People*, 56-60.
face the past deeds of his forefathers. But its modern incarnations date only as far back as the twentieth century.

One such mechanism is the trial. Based on the notion of retribution or punishment for crimes committed, the trial involves a person charged with the commission of an illegal crime being brought before an arbitrator, if not a panel of his peers, whereupon his guilt and subsequent penalty is determined. “In the Western liberal legal tradition, the rule of law... entails the presumption of innocence, litigation under the adversarial system, and the ideal of a government by laws, rather than by persons.” In their modern guise, such trials began with the post-war Nuremberg trials and Tokyo tribunal, which were appointed to deal with Nazi war crimes. These, then, form the basis of international precedent and law for the tribunals which were appointed in the 1990s: International Criminal Tribunal for the Former Yugoslavia (ICTY) and the International Criminal Tribunal for Rwanda (ICTR), and the recent initiation of the International Criminal Court (ICC). In this way, the international community has shown an interest in the prosecution of perpetrators of crimes of mass atrocity, genocide, and war crimes.

Another, more recent approach, has been the truth commission. The first-ever truth commission was convoked in Uganda in 1974. Since that time, more than 20 truth commissions have been appointed by national governments, among them highly successful commissions in Argentina, Chile, and South Africa. The truth commission is a restorative institution intended to provide a forum in which a society can learn about the abuses of its collective past. Generally, a truth commission’s main task is to collect information about past abuses, and to compile this information to produce a coherent account of the history of that society. This can be particularly important in societies where abuses have been government-sponsored and have therefore gone

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unrecorded in any official way. It is often the case that these abuses are unsubstantiated or even denied by the governments in question. For this reason, a truth commission can play a vital role in uncovering and chronicling the events of a society’s collective past.

In other cases, states have opted to appoint various other mechanisms in pursuit of societal restoration. Based broadly around principles of reparative justice, these institutions fall into two main categories: apology and restitution. The Australian government, for example, instituted National Sorry Day, beginning 26 May 1998, and held annually, to “participate and be involved in activities to acknowledge the impact of the policies of forcible removal on Australia’s indigenous populations.”  

The restitutive example most often cited, and which is frequently touted as a success, is of the Canadians and Americans of Japanese descent who were interned during the Second World War. In 1988, the American government gave those Japanese who had been interned USD $20,000 per survivor as a form of compensation under the Civil Liberties Act, while in the same year, the Canadian government awarded CAD $21,000 under the Japanese Canadian Redress Agreement.

The kinds of mechanisms described above are implemented by an organ of the state or by an international governing body. They are supported and funded by these bodies. And it is under the auspices of these bodies that they operate.

In an earlier study, I considered the ability of the Ugandan truth commission, the Commission of Inquiry into Violations of Human Rights, to foster acknowledgement. Indeed, what I found was that the Commission had been beset by any number of shortcomings from the very beginning. The Commission suffered from lack of political will, timing difficulties, and

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institutional constraints. And I could find little evidence of its success in promoting the process of societal acknowledgement. The modest and still-growing civil society in Ugandan indicates that some acknowledgement has taken place. But democracy is not firmly entrenched, and Museveni shows no sign of allowing it to take hold. As a result, growth of civil society in the country remains stunted. It seems that the Commission was unable to affect real and lasting political stability, let alone foster social trust and social capital.

Yet many of those to whom I spoke in Uganda in 2001 suggested that some form of acknowledgement had, in fact, taken place. Although there was no evidence of the cultivation of acknowledgement through the formal mechanism of the truth commission, it seemed likely that some of the traditional and informal practices that are carried out within the country might be capable of producing this kind of acknowledgement. And that even without the formal structure of the truth commission, some communities might have been acknowledging the events of the past and coming to terms with them. I thought an exploration of this kind of traditional acknowledgement in Uganda could provide much needed insight into one of the reasons that truth commissions and other institutions often called upon in the rebuilding process are not effective.

In October and November of 2004, I returned to Uganda to for a period of six weeks to study first-hand these informal mechanisms of acknowledgement, both in areas where traditional acknowledgement has been reported and those in which it has not. I interviewed more than 45 people, mostly society’s elites and leaders, about such alternative mechanisms of

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acknowledgement. These people included leaders of the communities involved, officials of the Roman Catholic and Africa Inland Churches, the Uganda Human Rights Commission, various Secretaries of State and other government officials, as well as national and international aid workers, missionaries and other support organizations including Africa Inland Mission and World Vision. I also spoke directly to some of the beneficiaries of such acknowledgement: people who have been received back into their communities and their families.

What I found in Uganda seems to echo what others are beginning to report from around the world: Traditional mechanisms exist and have done so for years, providing a strong system of both governance and reconciliation, outside of the formal mechanisms imposed by the Western world. And, while the more formalized Western models often allow for only one form of justice – retributive, restorative, or reparative – these traditional institutions seek to combine various of these and other elements in keeping with the values of the community.

What Do Traditional Mechanisms Look Like?

Traditional communal values are expressed in much the same way almost universally. “The Indian communities,” for example, “view a wrongdoing as a misbehaviour which requires teaching or an illness which requires healing.”69 African traditional beliefs reiterate these values:

If you have harmed my child, it is because something has gone wrong with you to such an extent that you could do that. That which has gone wrong for you is now harming my life. It means I cannot be the kind of human being I want to be because you are no longer human. So it is in my interest – my interest – as the victim, to get you and assist you to get your humanity back so that I can become human again... This is a fundamentally different way of looking at a community and looking at what to do with evil. African traditional religion has no such thing as Satan. The biggest evil is to live in complete disregard of others.70

Indeed, examples from different parts of the globe reveal these similarities. Hollow Water, Manitoba,\(^{71}\) is seen as one of the most successful models of the implementation of community healing circles based on aboriginal teaching. Likewise, the traditional elders’ court in Attawapiskat, Ontario,\(^{72}\) and the community court\(^ {73}\) system in Sandy Lake, Ontario provide real insight into the motivations for and dedication to the preservation and use of traditional models. Navajo Tribal Courts,\(^ {74}\) too, emphasize traditional teachings, and cases are adjudicated under Navajo common law.

Similar models can be found outside of North America. In New Zealand, Family Group Conferences, based on traditional Maori principles including teaching, settlement, and community restoration have been available as an alternative to Western-based sentencing since 1989.\(^ {75}\) And village courts adjudicate according to customary law in the Highlands of Papua New Guinea.\(^ {76}\)

Africa provides a diverse range of such traditional mechanisms. Internally displaced, war-affected people in Angola utilize a type of traditional psychological healing called conselho, which is based on “the general encouragement given to people to abandon the thoughts and memories of war and losses.”\(^ {77}\) Holistic purification and cleansing rituals, attended by the family and broader community, are carried out in welcoming ex-combatant child soldiers back into the

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\(^ {73}\) Ross, *Returning to the Teachings*, 223.


community in both Angola and Mozambique.\textsuperscript{78} In Western Kenya, traditional conflict resolution mechanisms are used by the Pokot, Turkana, Samburu and Marakwet tribes.\textsuperscript{79} Ceremonies to “cool the heart[s]” of child ex-combatants upon their return to their home communities in Sierra Leone are carried out by the broader community.\textsuperscript{80} Inkundla in South Africa comprises a series of traditional small claims courts.\textsuperscript{81} And Rwanda has chosen to utilize its tradition of gacaca, a form of traditional dispute resolution mediated by chiefs and tribal elders, most recently revamped, formalized, and used to deal with crimes of genocide.\textsuperscript{82}

Uganda has a particularly vibrant history of the use of traditional mechanisms, and in many of the 56 different ethnic groups within the country, these institutions are still used.\textsuperscript{83} Among the Karamojong, the akiriket councils of elders adjudicate disputes according to traditional custom\textsuperscript{84} which include cultural teaching and ritual cleansing ceremonies.\textsuperscript{85} The Acholi carry out ceremonies of mato oput (drinking the bitter herb), and nyuo tong gweno (a welcome ceremony in which an egg is stepped on over an opobo twig) in welcoming ex-

\textsuperscript{80} Rosalind Shaw, Rethinking Truth and Reconciliation Commissions: Lessons from Sierra Leone, United States Institute of Peace, Special Report 130 (Feb. 2005): 9.
\textsuperscript{82} See, for example, Peter E. Harrell, Rwanda’s Gamble: Gacaca and a New Model of Transitional Justice (New York: Writers Club Press, 2003).
\textsuperscript{83} For a more in-depth discussion of the use of traditional mechanisms in Uganda, see Joanna R. Quinn, “What of Reconciliation? Traditional Mechanisms of Acknowledgement in Uganda,” a paper prepared for Reconciliation, a conference held by the Nationalism and Ethnic Conflict Research Centre at The University of Western Ontario, May 14-15, 2005.
\textsuperscript{84} Bruno Novelli, Karimojong Traditional Religion (Kampala: Comboni Missionaries, 1999) 169-172, 333-340.
\textsuperscript{85} Peter Lokeris, Minister of State for Karamoja, interview by author, 18 Nov. 2004, Kampala, Uganda.
combatant child soldiers home after they have been decommissioned. The Baganda use the traditional Kitewuliza, a juridical process with a strong element of reconciliation, to bring about justice. The Lugbara, in the northwest of the country, maintain a system of elder mediation in family, clan and inter-clan conflict. And in 1985, an inter-tribal reconciliation ceremony, gomo tong (the bending of spears) was held to signify that “from that time there would be no war or fighting between Acholi and Madi, Kakwa, Lugbara or Alur of West Nile.”

Components of Traditional Mechanisms

Although these mechanisms differ between regions and also between ethnic groups within a particular region, it is important to note that in all cases, they have served as important elements in the process of post-conflict resolution. “Traditional systems of government were not elaborate, because law and order were maintained through the normative system which was part of the social structure.”

Bluehouse and Zion provide a useful distinction between adjudication and mediation:

The dynamics of mediation and adjudication are different. Adjudication [referred to in this paper and elsewhere as arbitration] uses power and authority in a hierarchical system. A powerful figure makes decisions for others on the basis of “facts” which are developed through disputed evidence, and by means of rules of “law” which are also contested by the parties.... In sum, adjudication is a vertical system of justice which is based on hierarchies of power, and it uses force to implement decisions.

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89 Finnstrom, Living With Bad Surroundings, 299.
In contrast, mediation is based on an essential equality of the disputants. If parties are not exactly equal or do not have equal bargaining power, mediation attempts to promote equality and balance as part of its process. It is a horizontal system which relies on equality, the preservation of continuing relationships, or the adjustment of disparate bargaining power, between the parties.92

Yet Waliggo contends that these are merely two distinct parts of an overall process used in dealing with conflict at the group, community, clan or neighbourhood level. Other elements included in this process might be reconciliation, compensation, and various rites and symbols.93 It is clear that in the practical definition of many of these elements, the boundaries between restorative and retributive justice, as mentioned above, begin to blur.94 Each of these is explored below.

Arbitration, or “the traditional administration of justice,”95 is similar to the trials mentioned above. Indeed, those involved in a dispute or conflict appear before a panel of wise or powerful men.96 And through the deliberations of a standing committee97 or group of elders, held in secret98 or in the open99 leaders generally come to a common agreement and decide upon a suitable punishment. This was seen as crucial: “without taking proportional retribution in grave cases, a society dishonours itself, and undermines public confidence that the society takes itself and its values seriously.100 Yet this retribution is linked directly with other social controls including socialization101 and compensation, discussed further below. And unlike the Western

97 Ngologoza speaks of the Abakuru b’emiryango as such; see Kigezi and Its People, 20.
98 Waliggo, The Human Right to Peace, 8.
99 Ngologoza, Kigezi and Its People, 20.
retributive model, this kind of judgement is sought only as a last-ditch attempt to find resolution, after the adjudicators have exhausted all other means at their disposal.102

A key part of the conflict resolution process is mediation, wherein one person or a group of people acts as a go-between among the offended parties and the offender. Waliggo identifies mediation as “the most commonly appreciated means of solving conflicts” in many rural African communities.103 Mediation is distinct from adjudication or arbitration, in that all parties have equal power, and the decisions come “out of the clans and families from the bottom up, not the top down.”104 This is closely linked with the process of negotiation, wherein, “using the African wisdom, the elders and even the two parties themselves gradually come to a common agreement.”105 In this way, “individual problems can be solved and a wider societal balance achieved.... [The session] is not only one of individual healing but also a process of socialization.”106

Another vital part of this process, in many cases, is compensation. Indeed, the Acholi traditions counted compensation as a precondition for their reconciliation ceremonies.107 This is echoed in claims that “forgiveness comes after the payment of damages,”108 and calls for “reconciliation through disbursement.”109 Finnstrom reports that “social barriers can be dissolved by admitting wrongdoing and deciding on compensation.”110

Surrounding all of this, of course, is the element of reconciliation. Waliggo maintains that “reconciliation was always an essential and final part of every legal and other peaceful

102 Novelli, Aspects of Karimojong Ethnosociology, 73.
103 Waliggo, The Human Right to Peace, 8.
104 Ross, Returning to the Teachings, 55.
105 Waliggo, The Human Right to Peace, 8.
106 Finnstrom, Living With Bad Surroundings, 219.
107 Geresome Latim, Executive Secretary, Ker Kwaro Acholi, interview with author, 22 Nov. 2004, Gulu, Uganda.
109 Ibid., 34.
110 Finnstrom, Living With Bad Surroundings, 297.
settlement of conflict...[Yet, he maintains that] it also stood on its own.” In many different ethnic configurations, such as the institutions of the Karamojong, reconciliation is always the first element of this process to be attempted. And of the Acholi mechanisms, Rwot Onen David Acana II said, “poro lok ki mato oput” (“Peace talks and reconciliation are the best way to resolve conflict.”)

This reconciliation is then demonstrated through various rites and symbols. These range from very elaborate celebrations and ceremonies to more common rituals. These may include blood pact alliances, marriage, intimate friendships, and communal celebrations to consolidate peace. Others include eating and drinking together, the shaking of hands, and the exchange of gifts to show restoration of peace, as well as the slaughter of animals, and the exchange of dried coffee berries. One such ceremony performed among the Acholi demonstrates the care and symbolism bestowed upon these ceremonies:

After the initial part of the mato oput ceremony is carried out, the parties are asked “May you today come and drink and eat and share everything together. Will you make this day a day to come together?” Both parties then go into house where two sheep have been slaughtered. The sheep are placed at opposing ends and someone from each side with a sharp knife cuts both in half at the same time. Half of each sheep is given to each side at the same time. And each party cooks its sheep halves. They then go to a house where both will share food together, and both sides begin to eat together. After eating inside the home, the lower jaws of both sheep taken by each side. The heads of the clans will take the jaws and carry them back to their homes to be put safely away as living testimony that the blood of the sheep had cleansed the one-time hostile clans. So from then on, when a dispute is about to erupt between both clans, they will bring out the jaw as a

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114 Waliggo, *The Human Right to Peace*, 6,9; see also Ngoloza, *Kigezi and Its People*, 32.
reminder that we had agreed never to do this kind of thing again. The jaw is kept for posterity.\textsuperscript{117}

The impact of such institutions and mechanisms upon societies is now being noted by major world institutions. The World Bank says that “cultural heritage has the power to inspire hope” and urges “the protection and conservation of cultural heritage in complex emergencies.”\textsuperscript{118} And the Security Council has noted the “importance of assessing the particular justice and rule of law needs in each... country, taking into consideration the nature of the country’s legal system, traditions, and institutions.”\textsuperscript{119}

Others question the relevance of such institutions on rapidly urbanizing and globalizing societies. Indeed, “the traditional values, cultural knowledge and social institutions of everyday life are threatened.”\textsuperscript{120} And as people move farther away from their \textit{gemeinschaft} communities, the social meanings of the ceremonies which are still practiced appear, in some cases, to be shifting.\textsuperscript{121} It is clear that, among the Karamojong\textsuperscript{122} and also among the Acholi,\textsuperscript{123} cultural education through practice and social education, is beginning to decline.

Still, Mbiti argues:

It would be wrong to imagine that everything traditional has been changed or forgotten so much that no traces of it are to be found. If anything, the changes are generally on the surface, affecting the material side of life, and only beginning to reach the deeper levels of the thinking pattern, language content, mental images, emotions, beliefs and response in situations of need. Traditional concepts still form the essential background of many African peoples, though obviously this differs from individual to individual and from

\begin{footnotes}
\item[117] Geresome Latim, Executive Secretary, \textit{Ker Kwaro Acholi}, interview with author, 22 Nov. 2004, Gulu, Uganda.
\item[120] Finnstrom, \textit{Living With Bad Surroundings}, 201.
\item[121] Ibid., 298.
\item[122] Novelli, \textit{Karimojong Traditional Religion}, 201-225.
\end{footnotes}
place to place. I believe ... that the majority of our people with little or no formal education still hold on to their traditional corpus of beliefs.124

Finnstrom and others also take this into account: “These practices, far from being dislocated in a past that no longer exists, have always continued to be situated socially. They are called upon to address present concerns. Of course, like any culturally informed practice, with time they shift in meaning and appearance.”125 “Ideas about old models are often used to help shape new ones.”126

Potential Uses

Elsewhere, I have argued for the creation of a national, centralized body working for the establishment of acknowledgement and promotion of reconciliation in Uganda.127 Above, I reported on formalized systems, including the Navajo Tribal Courts, for example, that have resulted from the very informal and traditional practices that have been discussed. In many ways, this presents a bit of a conundrum: We are, in fact, moving back and forth between formalized and informalized mechanisms, which tends to blur the lines between them to some extent.

Even to label such mechanisms as “informal” is to do them a disservice. For in many parts of Uganda, such practices, in fact, have more formal authority than comparative Western models. Particularly among the Sabiny128 and the Karamojong,129 this is the case. It was

124 Mbiti, African religions and philosophy, xi.
125 Finnstrom, Living With Bad Surroundings, 299.
126 Allen, War and Justice in Northern Uganda, 84.
128 Confidential interview by author with Sabiny man studying at Makerere University, 7 Nov. 2004, Kampala, Uganda.
129 Peter Otim, Inter-Governmental Authority on Development, interview with author, 23 Nov. 2004, Kampala, Uganda.
frequently reported to me that councils of elders hold more sway within the community than do government-appointed law enforcement officers, and that such councils have the authority to override police sentences: “For example, a clan may come to the police to demand a prisoner’s release because conditions in prison are too good. So they will go to the prison and pull him out. And the police don’t dare say no because they will have to deal with 500 armed warriors!”

It seems clear, however, that these traditional mechanisms have a great deal to offer. It was variously reported to me that “everyone respects these traditions,” and that reconciliation continues to be an “essential and final part of peaceful settlement of conflict.” A common understanding of these symbols, ceremonies, and institutions, and their meanings remains throughout Uganda.

As such, the promotion of the kinds of institutions frequently discussed by those working to resolve conflict ought to be a priority. In Northern Uganda, for example, where the civil war has been waged by the Lord’s Resistance Army over the past nineteen years, the current debate about the use of the International Criminal Court (ICC) and the process of amnesty available through the Amnesty Commission, must be framed within the context of Acholi’s particularly vibrant traditions of justice, compensation, and reconciliation. Similarly, in aiming to resolve the weapons and raiding problems among the Karamojong and their neighbours in Eastern Uganda and Western Kenya, any solution devised must be built around traditional Karamojong institutions, including the akiriket and the authority of the elders.

By utilizing these mechanisms wholesale, or by borrowing liberally from them to formulate new practices and institutions, the latent understanding of such mechanisms will

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\(^{130}\) Idem.

\(^{131}\) Confidential interview by author with Sabiny man studying at Makerere University, 7 Nov. 2004, Kampala, Uganda.

translate strongly to the new institutions. Furthermore, their use will serve to strengthen levels of social trust and civic engagement within these societies; for if the people believe in and trust such mechanisms, it is believed that they will participate in the activities promoted by them. Certainly, it is clear from the experience of the Commission of Inquiry into Violations of Human Rights (CIVHR) in Uganda, that foreign institutions simply do not engender this same kind of trust; and as a result, institutions like the truth commission are simply ignored as people go about their daily lives, pursuing the kinds of mechanisms they know and trust.

In any case, no such process can be implemented within a community without the express commitment of that community. Top-down processes in Uganda, from the CIVHR to the ICC, as history has demonstrated, frequently meet with resistance. As demonstrated above, traditional practices generally involve “bottom up” participation.\(^{133}\) And this should be respected.

**Conclusions**

The process of acknowledgement, then, is able to promote coming to terms with the past, emotional response, remembering, forgiveness, social trust, civic engagement, and social cohesion. These elements are the building-blocks of societal rebuilding. And of reconciliation. Acknowledgement forms a necessary condition in moving the reconstruction forward. Without it, the process simply falls flat.

Acknowledgement may be found in many different kinds of institutions. It is essential to note, however, that these mechanisms, like the truth commission in Uganda, do not necessarily foster this process. In some cases, it appears that these kinds of foreign institutions may actually do more harm than good. Yet acknowledgement appears to be inherent in the kinds of mechanisms traditionally found and the ceremonies and rites traditionally practiced in different

\(^{133}\) Ross, *Returning to the Teachings*, 55.
ethnic communities. This is the case in Uganda, where these mechanisms were not only used historically, but continue to be used in contemporary society. These traditional institutions, therefore, ought to be explored for their potential use in post-conflict resolution.